

Cultural Heritage Lesson 1. 2

Name: _____

“Traditional Mexican Cuisine- Ancestral, Ongoing Community Culture, the Michoacán Paradigm”



(Preparing tejte for wedding ceremonies in Teotitlán del Valle, Oaxaca: family of Zeferino Mendoza Bautista 1950's and 2012)

Watch the UNESCO video, “Traditional Mexican Cuisine- Ancestral, Ongoing Community Culture, the Michoacán Paradigm” at <https://ich.unesco.org/en/RL/traditional-mexican-cuisine-ancestral-ongoing-community-culture-the-michoacan-paradigm-00400> Demonstrate what you have learned from the video about traditional Mexican cuisine by completing number 1-6 and answering numbers 7-15.

1. I was most impressed by.....
2. I never saw.....before.
3. These foods were familiar to me.....
4. I never ate/saw..... in the United States.
5. There are no.....in my local grocery store.
6. The music is.....
7. What is the intended message of this video?
8. What is a milpa?
9. Explain the quote,” Cooking is charged with essential symbolism.”
10. What is the relationship of food and community in Mexico?
11. What community activities celebrate the cultural importance of food?
12. Give examples of the continuity of Mexican cuisine.
13. What are some of the risks to traditional Mexican cuisine?
14. How do Mexicans’ protect their culinary heritage?
15. What information or visual in the video surprised you?